



# PROGRAMME OUTCOMES & COURSE OUTCOMES

## MASTER OF SOCIAL WORK

**CHRIST COLLEGE**  
PULIYANAMALA, KATTAPPANA

Approved by UGC and Affiliated to MG University, Kottayam (3521/1/14/Ac A VII)  
A Minority Institution Managed By CMI Fathers

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## MASTER OF SOCIAL WORK

### PROGRAMME OUTCOMES

<b>PO1</b>	To understand the basic attributes of social work as a professional discipline
<b>PO2</b>	To develop knowledge, skills and attitudes essential for effective social work practice
<b>PO3</b>	To impart theoretical knowledge and practical exposures required for the professional social workers
<b>PO4</b>	To empower the students to understand and intervene in the existing social problems in contemporary societies
<b>PO5</b>	To acquaint with the role of social workers in the established and emerging settings of social work practice
<b>PO6</b>	To become proficient in practicing social work methods
<b>PO7</b>	To acquire proficiency in practicing social work in concerned areas of specialisations
<b>PO8</b>	To support the students for research based practice in social work



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### PROGRAMME SPECIFIC OUTCOMES

<b>PSO1</b>	To facilitate the learners to develop the foundations of social work practice by providing the theoretical input on the philosophy, values, methods, fields and approaches of human service profession and human resource management.
<b>PSO2</b>	To sensitize the learners about the contemporary socio-economic and cultural realities through field based learning and proficiency in helping skills and effective intervention strategies.
<b>PSO3</b>	To develop a professional approach in addressing human societal needs and become effective and efficient change agents in the social milieu.
<b>PSO4</b>	To develop an insight into one's professional self and purposive use of the same in professional practice through integral transformative practices.
<b>PSO5</b>	To sharpen the learners' skills in conceptualization, scientific assessment, analysis & interpretation and planning & intervention.



## MASTER OF SOCIAL WORK

### COURSE OUTCOMES

#### SEMESTER I

<b>SW010101:</b>	
<b>SOCIAL SCIENCES FOR SOCIAL WORK</b>	
<b>CO1</b>	Understand basic concepts of sociology and its different dimensions.
<b>CO2</b>	Apply the concepts of sociology in Social Work practice.
<b>CO3</b>	Analyse different dimensions of prevailing social issues in India
<b>CO4</b>	Recognize the linkage of social issues and the design of social work Interventions.
<b>CO5</b>	Understand basic economic concepts and the economic situation in India
<b>CO6</b>	Appraise the effect of national/global economy on social life in a society

<b>SW010102:</b>	
<b>HUMAN GROWTH AND DEVELOPMENT</b>	
<b>CO1</b>	Demonstrate knowledge of the major influences in human Development.
<b>CO2</b>	Explain the structure and function of the brain.
<b>CO3</b>	Understand the developmental changes in various developmental Stages across the life span.
<b>CO4</b>	Analyse the importance of developmental psychology in social Work practice and be able to link with real life situations.
<b>CO5</b>	Able to identify the use of theoretical concepts in lifespan stages in Social work practice.
<b>CO6</b>	Understand the theories related to human development



<b>SW010103:</b>	
<b>HISTORY, PHILOSOPHY AND FIELDS OF SOCIAL WORK</b>	
<b>CO1</b>	Understand the history of social work approaches with respect to Underlying ideologies and philosophies.
<b>CO2</b>	Appreciate social work as a profession and to recognize the need and Importance of Social Work Education, Training and Practice.
<b>CO3</b>	Identify the importance of professional values and ethics in socialwork practice.
<b>CO4</b>	Understand different fields of social work intervention and the issues and concerns of social work practice in India.
<b>CO5</b>	Understand the social movements and role of social reformers in social welfare.
<b>CO6</b>	Understand the present issues faced by social work profession.

<b>SW010104:</b>	
<b>SOCIAL WORK PRACTICE WITH INDIVIDUALS</b>	
<b>CO1</b>	Understand Social Case Work as a method of Social Work and apply it as an intervention method.
<b>CO2</b>	Demonstrate knowledge of the values and Principles of Social Case Work and to develop the capacity to practice them.
<b>CO3</b>	Acquire the required skills for practicing social case work.
<b>CO4</b>	Demonstrate ability to adopt a multi- dimensional approach in Assessment.
<b>CO5</b>	Able to document and social case work practice
<b>CO6</b>	Apply social case work method in various settings.



<b>SW010105:</b> <b>SOCIAL WORK PRACTICE WITH COMMUNITIES</b>	
<b>CO1</b>	Display a depth knowledge about the community organization process.
<b>CO2</b>	Understand the use and practice of community organization in various Fields of social work.
<b>CO3</b>	Explain the role of social worker in social action and social reform for social development.
<b>CO4</b>	Able to undertake social audit, social impact assessments
<b>CO5</b>	Able to analyse ongoing community organization programmes.
<b>CO6</b>	Identify the emerging trends and experiments in community organization

<b>SW010106:</b> <b>FIELD PRACTICUM 1</b>	
<b>CO1</b>	Understanding a community in terms of its geographical, social, economic and political systems, power structures and their inter-relationships based on the theoretical understanding obtained from the courses in the semester.
<b>CO2</b>	Understanding and practice the values and code of ethics of professional social work practice and familiarize with the principles of social work.
<b>CO3</b>	Develop understanding of the assumptions, principles, phases and models of community organization.
<b>CO4</b>	Knowledge of the structure and function of the decentralized governance system and various institutions in the community
<b>CO5</b>	Demonstrate professional rapport building skills with the people in the community
<b>CO6</b>	Demonstrate skills in social analysis and need assessment, program planning, implementation and evaluation frame work in a community setting
<b>CO7</b>	Demonstrate oral, written and presentation skills of communication in a community context



## SEMESTER II

<b>SW010201:</b>	
<b>INTRODUCTION TO ABNORMAL AND SOCIAL PSYCHOLOGY</b>	
<b>CO1</b>	Understand the fundamentals of human behaviour
<b>CO2</b>	Demonstrate knowledge of classification and overview of Psychological disorders.
<b>CO3</b>	Develop insight about the theories of human personality
<b>CO4</b>	Demonstrate knowledge of concepts theories of social psychology
<b>CO5</b>	Analyse individual behaviour in social context.
<b>CO6</b>	Analyse the group behaviour in social context.

<b>SW010202:</b>	
<b>COUNSELLING AND PSYCHOTHERAPY</b>	
<b>CO1</b>	Understand the process, the skills necessary and the principles to be abided by in helping individuals
<b>CO2</b>	Acquire knowledge of the theoretical and therapeutic approaches in counselling and Psychotherapies
<b>CO3</b>	Demonstrate knowledge and skills in the process and techniques of Counselling and Psychotherapies
<b>CO4</b>	Demonstrate skills for ethical practice of counselling with different clients in various settings
<b>CO5</b>	Understand the concepts of Psychotherapy and various psychotherapeutic techniques
<b>CO6</b>	Demonstrate knowledge of skills and techniques of various psychotherapeutic interventions



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<b>SW010203:</b>	
<b>PROFESSIONAL SKILLS FOR SOCIAL WORKERS</b>	
<b>CO1</b>	Demonstrate professionalism in their behaviour
<b>CO2</b>	Demonstrate skills in critical reflection in personal and professional practice contexts
<b>CO3</b>	Display knowledge and competence in life skills.
<b>CO4</b>	Demonstrate skills in communication.
<b>CO5</b>	Able to document social work practice in respective domain areas
<b>CO6</b>	Display competence in management of teams and leadership in the practice context

<b>SW010204:</b>	
<b>SOCIAL WORK PRACTICE WITH GROUPS</b>	
<b>CO1</b>	Understand Social Group Work as a method of Social Work and apply it as an intervention method.
<b>CO2</b>	Demonstrate skills to apply the method for development and therapeutic work
<b>CO3</b>	Understand the scope of Social Group Work in different settings.
<b>CO4</b>	Understand group work as an instrument of change/development in individual in groups
<b>CO5</b>	Develop skills to work with different stages and record the process
<b>CO6</b>	Display therapeutic skills for Group Work practice



<b>SW010205:</b>	
<b>SOCIAL WORK RESEARCH AND STATISTICS</b>	
<b>CO1</b>	Develop an understanding about the scientific approach to human inquiry
<b>CO2</b>	Understand Social research as a method of social work and to develop the appropriate skills to effectively implement the research methods and techniques in the field.
<b>CO3</b>	Demonstrate skills in literature search
<b>CO4</b>	Able to design research proposals
<b>CO5</b>	Understand the relevance and able to carry out appropriate statistical analysis in social work research.
<b>CO6</b>	Independently evaluate different methodological approaches within qualitative research

<b>SW010206:</b>	
<b>FIELD PRACTICUM 2</b>	
<b>CO1</b>	Understand the functioning of a structured setting/agency – Primary or Secondary (e.g., a school, a hospital, or an institution providing services for people with inability, social, physical or mental)
<b>CO2</b>	Understand in depth the application of Social Work methods in dealing with individuals (case work) and groups (group work)
<b>CO3</b>	Develop the ability to do interventions ensuring clients' participation.
<b>CO4</b>	Be familiar with the method of social work research through field level application
<b>CO5</b>	Develop skill in writing academic articles based on practice experience.
<b>CO6</b>	Develop the skill in recording



## SEMESTER III

<b>SW010301:</b>	
<b>INTRODUCTION TO ABNORMAL AND SOCIAL PSYCHOLOGY</b>	
<b>CO1</b>	Understand in detail the nature, approaches and strategies of development projects.
<b>CO2</b>	Analyse systematic approach to programme planning.
<b>CO3</b>	Develop an understanding of the changing trends in participatory programme planning approach in government and NGOs.
<b>CO4</b>	Demonstrate skills to handle various phases of Development projects
<b>CO5</b>	Understand the concepts of financial management of a project.
<b>CO6</b>	Able to write project proposals.

<b>SW010302:</b>	
<b>ADMINISTRATION OF HUMAN SERVICE ORGANIZATIONS</b>	
<b>CO1</b>	Develop understanding of the evolution of administration as a science and as a method in Social Work Practice.
<b>CO2</b>	Develop understanding and appreciate the utility of the administrative Structures, processes and procedures in an organization.
<b>CO3</b>	Acquire knowledge and skills in the use of different management Techniques in HSO.
<b>CO4</b>	Develop an understanding of elements of management and
<b>CO5</b>	Understand concepts in organizational management.
<b>CO6</b>	Acquire knowledge of the concept of social marketing and its scope in social work practice.



<b>SW010303:</b> <b>FIELD PRACTICUM 3</b> <b>SPECIALIZATION- MEDICAL AND PSYCHIATRIC SOCIAL WORK</b>	
<b>CO1</b>	Understand the administrative structure and functioning of the agency
<b>CO2</b>	Understand the functioning of multidisciplinary team in a psychiatric setting and the role of social worker in the team
<b>CO3</b>	Develop the skill in case history taking and mental status examination
<b>CO4</b>	Be familiar with the approaches and intervention strategies in the psychiatric setting
<b>CO5</b>	Develop skill in intervention at individual and group levels

<b>SW820301:</b> <b>CLINICAL ASSESSMENT AND DIAGNOSIS OF</b> <b>PSYCHIATRIC DISORDERS</b>	
<b>CO1</b>	Acquire understanding on the evolution of psychiatry and attitude towards mental illness.
<b>CO2</b>	Demonstrate knowledge and skills of assessment in mental health settings.
<b>CO3</b>	Demonstrate knowledge of clinical psychopathology.
<b>CO4</b>	Develop an understanding of the nature, causes, types and treatment of mental health disorders in children, adolescents and adults.
<b>CO5</b>	Acquire knowledge of Socio-Cultural Factors influencing mental health.
<b>CO6</b>	Develop a critical understanding of Mental Health Policies.



<b>SW820302:</b>	
<b>SOCIAL WORK IN THE FIELD OF HEALTH</b>	
<b>CO1</b>	Develop an understanding of the holistic concept of Health.
<b>CO2</b>	Understand and analyze different health problems in India.
<b>CO3</b>	Assess the scope of social work methods in medical settings.
<b>CO4</b>	Demonstrate skills for interventions in medical social work practice.
<b>CO5</b>	Understand role and functions of a medical social worker in various settings.
<b>CO6</b>	Analyse the standards of social work practice in health setting.

<b>SW820303:</b>	
<b>HEALTH CARE ADMINISTRATION AND COMMUNITY HEALTH</b>	
<b>CO1</b>	Understand the concept of health and integrated approach to health in the context of Development.
<b>CO2</b>	Critically analyze plans and policies/services in health and implications for social work practice.
<b>CO3</b>	Demonstrate knowledge on concepts of Community Health, community participation, vital indicators and demographic data of health
<b>CO4</b>	Develop skills for intervention in community health sector



## SEMESTER IV

<b>SW010401:</b>	
<b>SOCIAL LEGISLATION AND HUMAN RIGHTS</b>	
<b>CO1</b>	Understand the Indian Legal System and its functioning.
<b>CO2</b>	Understand and appreciate the Indian Constitution with particular emphasis on the Fundamental Rights and Directive Principles.
<b>CO3</b>	Understand the nature of social legislation and the various.
<b>CO4</b>	Explain salient features of legislations for family, women, children and other marginalized groups.
<b>CO5</b>	Explain the concept of social policy and demonstrate skills in social policy analysis.
<b>CO6</b>	Demonstrate skills of using legal procedures to defend the human rights of various marginalized groups.

<b>SW010402:</b>	
<b>GERONTOLOGICAL SOCIAL WORK</b>	
<b>CO1</b>	Understand the concept of gerontology and approaches to ageing.
<b>CO2</b>	Analyse the process and issues of ageing.
<b>CO3</b>	Analyse policies and programmes for elderly in India.
<b>CO4</b>	Demonstrate skills in working with elderly.
<b>CO5</b>	Demonstrate knowledge and skills for interventions in Gerontological Social Work.
<b>CO6</b>	Explain and analyze institutional and non-institutional services for elderly.



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<b>SW010403: FIELD PRACTICUM 4 SPECIALIZATION- MEDICAL AND PSYCHIATRIC SOCIAL WORK</b>	
<b>CO1</b>	Be familiar with the policies, laws and government programmes applicable to the client systems of the agency.
<b>CO2</b>	Demonstrate the ability in assessing, intervening and working with elderly.
<b>CO3</b>	Learn the role of professional social workers in school setting.
<b>CO4</b>	Understand functioning of a multidisciplinary team.
<b>CO5</b>	Gain knowledge in making social diagnosis and applying Social Work intervention techniques in medical and school settings.

<b>SW010404: DISSERTATION</b>	
<b>CO1</b>	To help the student researcher to get an understanding about the steps in social work research and the application of the theory of research methodology in a systematic manner.
<b>CO2</b>	Dissertation/Project work shall be completed by working outside the regular teaching hours.



<b>SW010405: INTERNSHIP</b>	
<b>CO1</b>	The fourth and the last semester block placement is the culmination of practice training and the students are given preference to select their own agency, based on their interest areas within the framework of the specialization area.
<b>CO2</b>	This placement is meant to give them the opportunity to work as professional Social Workers and take up individual assignments and responsibility.
<b>CO3</b>	Students could also take up job in an organization and complete this requirement therein, provided that the learning objectives could be ensured.
<b>CO4</b>	The focus is on 'integrated social work practice', wherein the student is expected to practice adaptively all the methods and skills with the expected attitudinal disposition.
<b>CO5</b>	The tasks will depend on the agency and the student initiative. (However, the fourth semester framework of tasks could be made use of.)

<b>SW820401: SOCIAL WORK INTERVENTIONS IN THE FIELD OF MENTAL HEALTH</b>	
<b>CO1</b>	Able to apply psychosocial Treatment Methods for persons with Mental and Emotional Disorders.
<b>CO2</b>	Understand Institutional approaches to provision of Mental Health Services.
<b>CO3</b>	Demonstrate knowledge and skill in the practice of Community Psychiatry and Rehabilitation



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SW820402: SCHOOL MENTAL AND SOCIAL WORK PRACTICE	
CO1	Understand the basics of child mental health and issues of children
CO2	Develop knowledge of the history of social work in schools
CO3	Demonstrate knowledge and skills to work in educational settings.
CO4	Able to deliver life skills education
CO5	Understand the multiple levels and systems operating to define schools and ways social workers can effectively practice at these various levels and within these systems.

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