



PROGRAMME OUTCOMES & COURSE OUTCOMES

BACHELOR OF SCIENCE PSYCHOLOGY



CHRIST COLLEGE

PULIYANAMALA, KATTAPPANA

Approved by UGC and Affiliated to MG University, Kottayam (3521/1/14/Ac A VII)
A Minority Institution Managed By CMI Fathers

Puliyanamala P.O, Idukki - 685 515, Ph: 04868 270400, 297401, M: 9946 944 499

www.christcollegekattappana.org

christcollegekattappana@gmail.com

ACCREDITED BY NAAC WITH B+ GRADE



CHRIST COLLEGE
PULIYANMALA, KATTAPPANA
MANAGED BY CMI FATHERS
ACCREDITED BY NAAC WITH B+ GRADE

04868 270400, 99 46 944 499
www.christcollegekattappana.org
christcollegekattappana@gmail.com

BACHLER OF SCIENCE PSYCHOLOGY

PROGRAMME OUTCOMES

PO1	To sharpen the skills and abilities needed to be a psychologist.
PO2	To build a foundation on basic psychological process, physiological process, scientific methods, research and various perspectives in psychology to pursue higher education in
PO3	To develop an understanding on the psychological issues, psychopathology of behaviours and prepare students to deal with.
PO4	To understand the fundamental processes underlying human behaviour in the social, cultural and organizational context.
PO5	To demonstrate ethical, social, and ecological responsibility by acknowledging the dignity and presence of others, being aware of social order, learning values, and showing social concern through social participation such as village surveys, visiting old age homes, spending time with the elderly, and community service in orphanages.
PO6	To illustrate professionalism in various sectors by working in a team and applying basic ethical principles.
PO7	To learn to apply interpersonal and communication skills such as observation, speaking, and learning skills.
PO8	To understand individual behaviour in social settings.



CHRIST COLLEGE
PULIYANMALA, KATTAPPANA
MANAGED BY CMI FATHERS
ACCREDITED BY NAAC WITH B+ GRADE

04868 270400, 99 46 944 499
www.christcollegекattappana.org
christcollegекattappana@gmail.com

PROGRAMME SPECIFIC OUTCOMES

PSO1	Students would be equipped with foundation skills needed to be a psychologist
PSO2	Students would have knowledge to pursue higher education in Psychology
PSO3	Students would be able to analyse and resolve psychological issues faced by self and others
PSO4	To acquire knowledge regarding the basic foundations of psychology and to recognize, compare, and apply the core domains of psychology
PSO5	To familiarize with the biological and neurological foundation of behaviour.
PSO6	To help the students to get an understanding on how social influence, social perception and social interaction influence individual and group behaviour
PSO7	To inculcate an awareness of the psychological process behind human behaviour in a social setting.
PSO8	To demonstrate ethical, social and ecological responsibility and to develop interpersonal skills of the individual.
PSO9	To recognize and respect the complexity of sociocultural diversity and individual differences.
PS10	To equip with skills to identify and diagnose major and minor mental disorders, causal patterns and appropriate treatment of different disorders.
PS11	To develop an understanding of human behaviour in an organization and to develop skills to learn different strategies to manage an organization effectively.



COURSE OUTCOMES

SEMESTER I

MG1DSCPSY100: PSYCHOLOGY FOR PERSONAL GROWTH	
CO1	Understand and apply the basic psychological mechanisms behind personal growth
CO2	Generate interest in the academic pursuit of scientific learning of human behaviour
CO3	Understand the basic concepts of self-confidence and self-development
CO4	Identify and analyse how the states of consciousness and psychological competencies help one for personal growth
CO5	Identify and apply the skills and techniques for personal growth and happiness
CO6	Build a sense of self-worth through enhancing emotional, cognitive and social skills

MG1DSCZGY101: BIOLOGICAL BASIS OF BEHAVIOR I	
CO1	Understand the biological roots of behaviour, gaining insights into the intricate relationship between the nervous system and behavior
CO2	Create a responsible and informed approach to the ethical challenges inherent in studying the physiological aspects of behaviour.
CO3	Analyze and explain the intricate components of the nervous system.
CO4	Appraise the complexity and specialization within the brain, laying the foundation for advanced studies in neurological basis of behaviour
CO5	Develop a mastery of knowledge by accurately identifying and describing the characteristics, causes, and symptoms of diverse neurological conditions
CO6	Evaluate the significance of this knowledge in the context of research, diagnosis, and potential therapeutic interventions for neurological condition



MG1DSCSTA100: FUNDAMENTALS OF STATISTICS AND DATA VISUALISATION	
CO1	Explain and understand the concepts of different types of data, sampling and sampling techniques.
CO2	Summarise data using various measures of central tendency, dispersion, skewness and kurtosis.
CO3	Analyse relationships between variables using scatter diagrams, correlation coefficients and regression analysis
CO4	Develop skills in solving real- world problems through the application of regression techniques, particularly in predicting outcomes and understanding the limitations of predictions.
CO5	Understand basic probability concepts including random experiments, sample space and elementary ideas of probability
CO6	Apply Bayes' theorem to update probabilities based on new information and evidence.
CO7	Understand how statistical concepts are relevant across disciplines, fostering interdisciplinary thinking.
CO8	Apply using spreadsheets to illustrate and analyse statistical concepts, enhancing practical skills.

MG1MDCPSY100: COMMUNICATE WITH CONFIDENCE	
CO1	Develop communication skills; verbal and non-verbal
CO2	Analyse components of effective interpersonal communication.
CO3	Understand the importance of using a visual aid in a Professional Presentation
CO4	Understand barriers in personal and professional communication
CO5	Demonstrate effective Professional presentation skills.
CO6	Enhance the communication and Professional skills of the students



SEMESTER II

MG2DSCPSY100: PSYCHOLOGY AS A PROFESSION	
CO1	Understand various foundational theories and evolution of Psychology
CO2	Understand and analyze Psychology as a scientific discipline
CO3	Integrate knowledge from different modules to analyze and solve everyday problems using psychological principles
CO4	Understand and appreciate psychology from both theoretical and professional perspectives
CO5	Understand various life challenges and the role of psychologist to effectively handle those
CO6	Comprehensive understanding of the psychological first aids and life skills to face daily life challenges

MG2MDCPSY100: PSYCHOLOGY OF FRIENDSHIP AND LOVE	
CO1	Identify the key elements for building a close relationship
CO2	Analyse strategies for maintaining ongoing relationships and understanding the principles of relationship
CO3	Develop skills to nurture and maintain long-lasting romantic relationships
CO4	Develop skills to nurture and maintain long-lasting friendship
CO5	Determining strategies to challenge and redefine traditional gender roles for a more inclusive and equitable society.
CO6	Developing strategies to foster, maintain and manage meaningful relationships.



MG2DSCZGY101: BIOLOGICAL BASIS OF BEHAVIOUR-II	
CO1	Understand the basics of cell biology and key components of cell structure and function. Learning Domains.
CO2	Understand the fundamental genetic principles and molecular processes and to apply genetic principles by solving problems related to Mendelian genetics, & applying knowledge to analyze & interpret pedigrees.
CO3	Analyze gene mutations and chromosomal aberrations, and understand their implications in various genetic disorders
CO4	Evaluate the ethical considerations associated with genetics, including eugenics, eugenics, and genetic counseling
CO5	Apply the knowledge gained from seminars and webinars to real-world scenarios, understand how the principles discussed influence health and well- being.

MG2DSCSTA100: INTRODUCTION TO STATISTICAL MODELLING	
CO1	Examine major components of random variable theory and distribution theory
CO2	Develop skills required to effectively understand various distributions.
CO3	Analyse several applications and advantages of distributions.
CO4	Evaluate fitting procedure of distribution and its simulation using spreadsheet.



SEMESTER III

DSC A- FOUNDATIONS OF PSYCHOLOGY	
CO1	Understand the fundamental psychological theories and processes in human behaviour.
CO2	Demonstrate and apply various scientific methods used in Psychology.
CO3	Explain different personality theories
CO4	Analyse various theories of motivation and emotion
CO5	Demonstrate the skill to assess various psychological processes and phenomena.

MG3DSCPSY201- DSC- A- CHILD DEVELOPMENT	
CO1	Understand the basics of child development.
CO2	Analyze the importance of pre- and post-natal factors influencing development
CO3	Discuss various theoretical explanations of physical, cognitive, social, emotional, linguistic and moral development in children.
CO4	Apply knowledge regarding child development in daily interactions with children.

MG3DSEPSY201- DSE- POSITIVE PSYCHOLOGY	
CO1	Explain various key concepts and the development of positive psychology.
CO2	Understand the role of different positive psychological concepts in everyday life.
CO3	Apply the various approaches of positive psychology for improving the personal and social competencies.
CO4	Develop skills and abilities to achieve psychological wellbeing.



MG3DSCSTA203- DSC B- STATISTICAL RESEARCH TECHNIQUES USING SOFTWARES	
CO1	Understand different research methods in social science.
CO2	Understand the statistical testing procedures
CO3	Illustrate the parametric tests
CO4	Describe the non-parametric tests.
CO5	Conduct a Social survey and data analysis using R/Python/Spreadsheet

SEMESTER IV

MG4DSCPSY200- DSC A- FUNDAMENTALS OF COGNITIVE OPERATIONS	
CO1	Understand basic concepts of human cognitive process
CO2	Apply the fundamental principles of cognition and identifying the psychological process in behaviour
CO3	Develop familiarity with basic concepts of information processing and to elaborate the cognitive distortion and enhancement processes
CO4	Demonstrate and evaluate the psychological abilities by using various psychological measures

MG4DSCPSY201- DSC A- SELF AND SOCIAL INTERACTIONS	
CO1	Evaluate the historical and cultural context of social psychology as a discipline internationally and in India.
CO2	Appraise self in the context of social situations and its relationship to social identity.
CO3	Apply Social Psychological principles for personal, emotional and social development
CO4	Understand and improve the relationship between self and Others
CO5	Analyze the nature, dynamics and dimensions of intra and inter personal behaviour



CHRIST COLLEGE
PULIYANMALA, KATTAPPANA
MANAGED BY CMI FATHERS
ACCREDITED BY NAAC WITH B+ GRADE

04868 270400, 99 46 944 499
www.christcollegekattappana.org
christcollegekattappana@gmail.com

MG4DSEPSY200- DSE- EXPLORING HEALTH PSYCHOLOGY	
CO1	Understand the foundations of Health psychology.
CO2	Apply the preventive aspects to develop a better life style for self and others
CO3	Analyze the sources of stress.
CO4	Practice techniques of coping.
CO5	Make use of health care services and improve patient-doctor communication

MG4DSCZGY203- DSC- BIOLOGICAL BASIS OF BEHAVIOUR- IV	
CO1	Recall the basic principles of immunology, including the concepts of innate and acquired immunity
CO2	Analyze the components and functions of cells and organs in the immune system, and consequences of immunosuppression, immune deficiency, hypersensitivity reactions, and autoimmunity, demonstrating an understanding of their impact on health.
CO3	Understand the hormonal control of sexual behavior, including the roles of androgens, estrogens, and love hormones.
CO4	Evaluate the physiological aspects of sexual behavior in the context of health and well-being
CO5	Appreciate the concept of the biological clock in humans and its role in regulating biological rhythms.
CO6	Apply the knowledge gained from seminars and webinars to real-world scenarios, showcasing an understanding of how the principles discussed impact health and well-being.



SEMESTER V

PY5CRT13: ABNORMAL BEHAVIOUR	
CO1	To acquaint the students with the history and meaning of abnormal behaviour
CO2	To develop in them awareness about classification systems
CO3	To acquaint the students with the basic minor and major disorders
CO4	To have an understanding regarding the causal patterns and treatment of disorders

PY5CRT 14: FOUNDATIONS OF ORGANIZATIONAL BEHAVIOR	
CO1	To familiarize and learn concept of human organizations and behavior in organizations.
CO2	To introduce topics like Leadership, Motivation, Power, Conflict, Negotiation, in organizations and to learn strategies to manage organizations more effectively
CO3	To understand the human interactions in an organization find what is driving it and influence it for getting better results for attaining business goals.



PY5CRT 15: ENVIRONMENTAL PSYCHOLOGY AND HUMAN RIGHTS	
CO1	To encourage students to do research, investigate how and why things happen, and make their own decisions about complex environmental issues by developing and enhancing critical and creative thinking skills
CO2	To help students understand how their decisions and actions affect the environment, build knowledge and skills necessary to address complex environmental issues, as well as ways to take action that can keep our environment healthy and sustainable for the future
CO3	To develop a sense of awareness among the students about the environment and its various problems and to help the students in realizing the interrelationship between man and the environment and helps to protect the nature and natural resources.
CO4	To acquaint students with the nature and basic concepts of environmental psychology
CO5	To synthesize diverse information relevant to human-environment relationships in the context of environmental psychology.

PY5 P01: EXPERIMENTAL PSYCHOLOGY (Practical)	
CO1	To develop scientific and experimental attitudes in the student.
CO2	To facilitate comprehension of the theoretical concepts through experiments
CO3	To develop the skills of observation and scientific reporting in psychology
CO4	To provide basic training in planning and conducting a psychological experiment



SEMESTER VI

PY6CRT16: PSYCHOLOGY OF MALADAPTIVE BEHAVIOUR	
CO1	To encourage the students to know the causal pattern and the different therapeutic techniques in the management of personality, somatic symptom and dissociative disorders
CO2	To acquaint the students with the symptoms of childhood disorders, substance dependence and neurocognitive disorders
CO3	To acquaint the students with the basic minor and major disorders
CO4	To have an understanding regarding the causal patterns and treatment of disorders

PSY6 CRT17: MANAGING BEHAVIOR IN ORGANIZATION	
CO1	To familiarize and learn concept of human organizations and behaviour in organizations.
CO2	Learn strategies to manage organizations effectively
CO3	To acquaint with the problems in organizations
CO4	To develop skills to understand behaviour in organization



CHRIST COLLEGE
PULIYANMALA, KATTAPPANA
MANAGED BY CMI FATHERS
ACCREDITED BY NAAC WITH B+ GRADE

04868 270400, 99 46 944 499

www.christcollegekattappana.org

christcollegekattappana@gmail.com

PY6CRT18: CHILD DEVELOPMENT	
CO1	To understand the process and nature of child development
CO2	To create and inspire interest in observing the process of child development
CO3	To learn to relate the observation to current theories of child development
CO4	To familiarize major theories of child development

Ms. Anuja Mary Thomas
HOD, Dept. of Psychology

Ms. Binu George
IQAC Coordinator

Dr. M V Georgekutty
Principal

